



2023 Tri Series Meet

Wednesday 27 – Friday 29 September 2023

**Hawke's Bay Regional Aquatic Centre
Hastings**

Event Information Booklet

Contact Information

events@swimming.org.nz

Version 3

Updated: 30 August 2023

This is a living document and amendments may be made. The information in this booklet is correct at the time of publishing. Swimming New Zealand will not be held liable for any costs and expenses incurred by a person following changes to the information outlined in this booklet. Swimming New Zealand reserves the right to use discretion and adjust the contents and rules outlined in this document.

For the latest information, please check the event page on the Swimming New Zealand website to ensure you have the up-to-date version.



Purpose

The Tri Series Meet has been designed to provide an exciting opportunity for swimmers and coaches to develop their skills against international competition.

Good Sports

Please note that this is a Good Sports event. Swimming NZ is proud to partner with and join the Good Sports movement. This program aims to help parents provide the best sporting experience to their kids.

Check out our Parents and Whanau webpage for more information.

Entry Information

Swimming New Zealand policies and the New Zealand swimming rules govern this competition.

This meet is for the selected Tri Series Meet Teams:

- New Zealand Black
- New Zealand White
- Victoria
- Western Australia

Who are financial, registered (at time of competition) Swimming New Zealand Competitive Swimmers and foreign swimmers registered with foreign World Aquatics affiliated swimming federations. All participants must agree to comply with the Sports Anti-Doping Rules.

Entry Process

Coaches will complete the entries for their teams.

The Meet Manager file for entries will be sent out 25th August and are to be returned to entries@swimming.org.nz by **4pm Wednesday 13th September**.

Relays: Names of swimmers competing in relays may be completed/changed and handed in at the resolutions desk or to the Event Manager up to **1 hour prior to the start of the Match warm-up**.

Late entries will be accepted for 24hours. Please email all late entries to entries@swimming.org.nz.

Coaches are allowed one swap per Match (ie. switching athlete A for athlete B). Swaps are allowed up to 1 hour prior to the start of the warm up. Swaps must be completed and handed in at the resolutions desk or to the Event Manager.

Para Swimmers

This Tri Series Meet is open to Para swimmers. Each team will have up to four Para swimmers (mixed gender).

Para Swimmers can score points with the top three placings in each race scoring points. Placings are based on who is closest to the world record in their classification as per international mixed multiclass racing.

For any questions, please contact Cameron Leslie cameron@swimming.org.nz or Holly Fletcher holly@swimming.org.nz



Event Information

Match Rules

- Athletes must race in 2 individual events and only 1 relay event in Matches 1-4.
- Athletes must race in 3 relay events in Match 5
- Athletes / relays will be time ranked for each event with the fastest entrant in Lane 4, next fastest in lane 5 etc.
- Record bonus is available in all individual, skins, relay events and relay lead off splits.
- Rules are subject to change as directed by the SNZ events team.

Relays

4 x 50 and 4 x 100 relay events are as follows:

- 1 race is female (1 relay per team)
- 1 race is male (1 relay per team)
- 1 race is mixed (2 relays per team)

The 18x50 event includes 16x able bodied and 2x MC athletes. Athletes can race in any age or gender order.

Mixed relays must consist of 2 females and 2 males - athletes can race in any order.

All medley relay events will be swum in the order of Backstroke, Breaststroke, Butterfly and Freestyle.

3 x 50m Para Medley Relay will be swum as 150m in the following order:

Backstroke, Breaststroke, Freestyle

100m Kerin Kick Race

Swimmers must start in the water, will be provided with a kickboard, and must touch each wall with at least one hand. To avoid injuries, the race will be at a controlled pace for the first 50m. Upon reaching the 50m mark, the swimmers will be free to kick at any given pace.

Skins

Skins races will operate as follows:

- 2 athletes per team in the individual 50 metre event in Matches 1-4 (i.e. round 1)
- Fastest 6 athletes go through to the Skins in Match 5 (i.e. Round 2)
- Fastest 3 athletes go through to final round (i.e. Round 3)

Psych Sheets

Psych Sheets will be posted on the event webpage as soon as possible after entries close.

Any corrections and changes to psych sheets are to be sent to entries@swimming.org.nz within 24 hours of the psych sheets being posted.

Any changes made after the final psych sheets are published will not be updated online, but will be completed and updated on the SNZ event file.

Results

Swimming New Zealand will have live results via the SNZ website and the Swimify live-timing website and app. The results for each event will be uploaded once the event has been signed off.

Below is the link to Swimify, please note the Tri Series Meet will not be found until closer to the date.

<https://live.swimify.com>



Pre-Event Trainings

Match	Warm-Up	Racing
Match 1 Wednesday 27 September	8am-9am	9.10am-11am
Match 2 Wednesday 27 September	3pm-4pm	4.10pm -6pm
Match 3 Thursday 28 September	8am-9am	9.10am-11am
Match 4 Thursday 28 September	3pm-4pm	4.10pm-6pm
Match 5 Friday 29 September	8am-9am	9.10-11am

Opening Hours

Day	Morning	Afternoon
Sunday 24 th September	N/A	4pm-6pm
Monday 25 th September	8am-10am	4pm-6pm
Tuesday 26 th September	8am-10am	4pm-6pm

Spectators

Swimming New Zealand will not be selling spectator tickets for this event. Please refer to the venue policies regarding spectator entries.

Livestreaming, Photography & Videography

This event will not be livestreamed.

Photos and videos will be taken throughout the competition. All athletes and spectators have agreed to allow photographs, videos, audio recordings and audio recording to be taken by accredited SNZ contractors to be used for any legitimate purpose by SNZ. If you have any concerns please contact the Event Manager.

Spectators agree upon entry that photographic, video or audio recording equipment is prohibited for any purpose which may include, without limitation, video and/or audio recorders, camera tripods, monopods or lenses with a total focal strength of greater than 300mm and commercial digital video equipment. The SNZ Event staff will, at their sole discretion, determine whether or not an item is intended for personal or commercial use.

Parking

Parking is limited at the HBRAC facility. Please try and limit the number of vehicles you travel in to the meet.

Athlete Information

Pool Access

Access to the pool for all swimmers, coaches and team managers will be through the entrance gates from the main pool reception.

Warm-up Procedure

A warm-up procedure document will be available on the event webpage, please refer to this document for warm-up guidelines.

Warmup/warm down lanes will be available during racing.

Athlete Seating

There will be no rotating seating plan due to the small numbers of competitors.

Strapping

Swimmers with strapping must provide documentation from a relevant registered health practitioner or physiotherapist and be reviewed by the Meet Director prior to swimming. Any swimmers without such documentation may not be permitted to swim.



Marshalling Process

Self-marshalling will be employed during all heat sessions. Swimmers are asked to be in the marshalling area 2 events prior to their event.

Disqualifications

Disqualifications will be announced and a copy of the DQ form can be found at the resolutions desk.

Protests

Protests must be submitted to the referee, in writing, on the protest form by the team manager only within 30 minutes following the DQ announcement. This needs to be accompanied in cash by the \$100.00 protest fee.

If conditions causing a potential protest are noted prior to the event a protest must be lodged before the signal to start the event is given.

All protests shall be considered by the referee. If the referee rejects the protest, they must state the reasons for their decision. The Team Manager may appeal the rejection to the Jury of Appeal whose decision shall be final.

If the protest is rejected, the deposit will be forfeited to SNZ. If the protest is upheld the deposit will be returned.

Session Programmes

All session programmes will be online on the event webpage.

Timelines

Timelines will be included in all session programmes. The times shown are approximate and races may start before or after the times indicated.

It is the swimmer's responsibility to be at marshalling at the appropriate time (i.e., 2 events before the scheduled race).

Victory Ceremonies

There will be no victory ceremonies at the Tri Series Meet.

Banner Placement

Swimming New Zealand will have signage at the event and will take precedence for position over team's banners. SNZ reserves the right to remove any banners that are not in appropriate areas or conflict with event signage and/or sponsors. Teams are welcome to bring their own banners for the event

Accreditation

Accreditation is not required for this event.

Points and Awards

Awards

Presentations will be conducted after Match 5 as follows:

- Top Female point scorer per team (3)
- Top Male point scorer per team (3)
- Overall Para Athlete (1)
- Winning Overall Team (1)

Points

Points are awarded as follows:

Race Placing Points:

- Individual
- Skins
- Relay

Bonus points:

- Race skills
- Tri Series Record



Race Placing Points

Event	1	2	3	4	5	6	7	8	9	10	DQ / DNF
Individual	24	20	16	14	12	10	8	6	4	2	0
Skins	12	10	-	-	-	-	-	-			0
Relay	48	40	32	28	24	20	16	8	6	4	0

Bonus Points

Opportunity	Points
Race Skills	5
Tri Series Record – First place	10
Tri Series Record – After first place	5

Note - The Tri Series records will be updated after each Match. Athletes will need to beat the new record in subsequent Matches to get the record bonus

Race Skills

Events	Skill	Points
50 & 100 Freestyle	No breathing last 10 metres	5
200 & 400 Freestyle	Last turn head breakout = 7.5+ metres	5
800 & 1500 Freestyle	Negative split	5
Backstroke	Last turn head breakout = 10+ metres	5
50 Breaststroke	Drop off is less than 2.50 seconds	5
100 Breaststroke	Drop off is less than 4.00 seconds	5
200 Breaststroke	Last 3 x 50 splits – range is less than 1.00 seconds	5
50 Butterfly	No breathing last 10 metres	5
100 & 200 Butterfly	Last turn head breakout = 7.5+ metres	5
100 Medley	Roll (crossover) turn on Back / Breast	5
200 & 400 Medley	On the first freestyle lap: Breakout = 6+ metres, then 1 stroke and then first breath	5

Note - these bonus points apply only to the individual events and not relays or skins.



Medical Information

Service	Address	Phone
Hawke's Bay Sports Medicine	HBRAC	06 870 7001
The Doctors Gascoigne	407 Gascoigne Street, Raureka	06 878 9978
Mahora Community Dental Clinic	806 Tawa Place, Mahora	06 873 4861
Mahora Pharmacy	907 Tomoana Road, Mahora	06 878 3666
TRG Imaging	HBRAC	06 873 1166
The Movement Co. Rehab & Performance	HBRAC	06 870 7001
Hawke's Bay Fallen Soldiers' Memorial Hospital	398 Omaha Road, Camberley	06 878 8109
Emergency – Fire, Police, Ambulance		111
AED	HBRAC	